

Seven Laws of Fearless Living

by Guy Finley

Don't believe what the spiritual sharks and clever carnival hustlers tell you about fearless living: they lie. But you already sense this is true, or you wouldn't find yourself reading these words.

The deepest parts of you know that if freedom from fear was as easy as "creating a new reality" for yourself, then *you would already be the fearless person you know in your heart that you're meant to be*. It's just not that easy...which brings us to a great liberating truth, an insight you must prove to yourself before you can know its power to dismantle any fear.



When it comes to the fearless life, the Divine gives nothing freely...save to those who freely give themselves to discovering the truth about its Fearless Nature. The good news is that this supreme confidence and calm *already* lives within you, needing only your realization of its unshakable presence to empower you with the fearlessness you seek.

The following seven laws are like a golden invitation to your own coronation. To "open" each one, and receive its royal instruction about how to live free of fear, you need do only one thing: ask sincerely that you might understand its secret message and then, when the answer comes, *welcome* those insights as long lost Friends...for that is exactly what they are. They will do the rest for you.

1. When you know that what you're looking for is what *you already are* -- and not what you may become -- you stand on the threshold of fearless living.
2. No psychological fear exists without negative imagination.
3. When it comes to fear, the feel is real...but the why is a lie.
4. You cannot change one thing about times past or the fears that belong to old regrets, but *you can be in a different relationship with what is happening to you right now...and that changes everything!*
5. Nothing in the universe can stop you from letting go and starting over.
6. Your experience of any moment -- good or bad, calm or conflicted -- is a direct reflection of your understanding about it. This means the only thing that frightens you about any event is what you've yet to understand about yourself.
7. The universe itself is actually set up for you to succeed with realizing the fearless life, which means *you are made for whatever happens to you!*